Intramural golf and softball league standings

**Sports** 

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## Observer

www.barksdale.af.mil/observer

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Vol. 57, Number 22

June 4, 2004

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#### NEWS BRIEFS

#### Force shaping

Force shaping phase II briefings are scheduled Wednesday and Thursday at 8 a.m. and 4 p.m. at the base theater.

Call Tech. Sgt. James Rogers at 456-5607 or Airman Alexandra Herrera at 456-2541 for more information

#### Change of command

Lt. Col. Bryan Bartels, 11th Bomb Squadron, relinquishes command to Lt. Col. Parker Northrup Monday at 10:30 a.m. in Hoban Hall.

Call Maj. Gaylord McFalls at 456-4815 for more information.



**Today** 

Mostly Cloudy with chance of T-storms



Saturday Partly Cloudy with chance of T-storms



Sunday Partly Cloudy with chance of T-storms



## 2D BOMB WING SCOREBOARD

2d Bomb Wing Monthly Flying Goals

Depicted in Hours

Goal:	270.0	406.6	355.1
Flown:	276.1	407.3	353.7
Remaining:	0.0	0.0	1.4
As of: May 28	-15.7	+0.7	-1.4



#### Bound for Guam

From right, Airman 1st Class Kenia Centeno, Airman 1st Class Coral Matthynssens and Airman 1st Class Merissa Macias, 2d Logistics Readiness Squadron, issue mobility

bags to base members during the mobility processing line Tuesday at the 2d LRS warehouse. Almost 200 Airmen are deploying Saturday.

### Barksdale tests new mentor program

AIR COMBAT COMMAND STAFF REPORTS

Barksdale is participating in an Air Combat Command test of a new Webbased tool that promises to put mentoring training and finding a mentor a mouse

Air Force Materiel Command personnel experts are the lead agents for testing the Mission-Driven Mentoring initiative and ACC will run the test here and at Eglin.

If successful, the tool could be implemented throughout ACC and possibly the Air Force under the Air Force chief of staff's force development efforts, according to Pam Eyring, the lead program administrator.

The initiative provides training on the mentoring process and a way for mentees to find a mentor.

MDM is a Web-based development tool that facilitates the mentoring process. To begin the process, access www.3creekmentoring.com/USAirForce/.

"As a first step in launching this mentoring pilot, we are seeking individuals who are willing to serve as a mentor by sharing their talents, expertise and experience," said Lt. Col. Marbel Castro Roy, ACC mentoring program manager. "As a mentor, you will have the opportunity to strengthen your coaching skills, demonstrate leadership and contribute to the development of ACC future leaders.

"ACC and AFMC have put a great deal of time and effort into finding the ideal solution to best implement MDM," Colonel Roy said.

The mentor profile must be completed by Tuesday. Mentees will be invited to participate in a three-month pilot. The MDM tool will provide mentor names to people whose mentoring needs match those mentors experience and expertise.

Mentees will then contact the mentor to initiate the three-month mentoring relationship. For more information, call Col. Ed Barnette, 2d Bomb Wing Inspector General at 456-5049.

#### Observer 🐺

## Deployments in full swing

2d Bomb Wing Commander

Our Aerospace Expeditionary Force deployments are in full swing with Barksdale aircraft, equipment and most importantly, our warriors, heading to different theaters across the globe.

It is truly inspiring to talk with our folks as they explain what role they will play in supporting our nation's war on terror. Our prayers are with them as they fly off into harms way.

Our men and women are confident that they are ready to deploy because they have the training, resources and the skills to accomplish their expeditionary mission. They can also totally focus on their deployed mission because they know that Team Barksdale stands ready to provide them with anything they may need while deployed, including support for families and loved ones left behind.

I am confident that we have the people and programs in place to provide our families with a safe, secure, high quality-of-life environment. We do an outstanding job of preparing our deployers and taking care of their loved ones, but I sometimes think we overlook those warriors who remain here

Our combat training, operational security and mission support does not stop at Barksdale just

because we have a heavy AEF commitment

We will continue to produce new B-52 aviators, conduct daily flying operations and mission support for the 2d Bomb Wing, 8th Air Force Headquarters, 917th Wing and all our tenants across the base

Our men and women that are not deployed are working exceptionally hard to ensure we accomplish our continuing mission. For those who remain here, the operation tempo actually increases because we must sustain our level of excellence with fewer people.

Those left behind will face many challenges including longer days, heavier workloads and greater responsibilities. I want to assure all of you that your superb work does not go unnoticed and that your commitment to excellence is just as critical here as it is at a forward operating location.

There is much work to do but cutting corners or violating rules will not help us achieve our goals. We all know that safety, compliance and accountability do not stop simply because we have people deployed.

I know you are ready and will continue to de-

mand that we do things the right way, the first time, every time.

Finally, wherever you are serving, stay true to the 2d BW vector: Total focus on mission excellence; Work together to build trust and an unbeatable team; and Offer opportunities for personal and professional growth. You must instill it into your daily culture and use it to achieve success.

It will be a busy summer, whether deployed or at home, and we are counting on each of you to make a positive difference and make the mission happen! Your outstanding work is why we are first in peace, first in war and first to victory!

## ction Line

The Action Line is your avenue for complaints, suggestions and kudos on services provided at Barksdale. Your comments can help make the base a better place.

Although the Action Line is always available for use, the best and fastest way to resolve problems is through your chain of command or the organization involved.

I encourage you to go that route first. Then, if you still can't resolve it or don't know where to call, I'll be glad to do it for you. I'd also like to hear the positive feedback on your experiences on base.

When calling the Action Line, the messages are recorded. Please leave your name and phone number so we can get back to you if we need more information.

Call the Action Line at 456-4000 or email action.line@barksdale.af.mil

uery: Is there any way that we can stop people from speeding through the housing area on their way to get around the construction at the enlisted club?

esponse: I agree — I think we are driving too fast everywhere on base and I have directed the 2d Security Forces Squadron to strictly enforce speed limits. We will especially focus on the housing areas — especially now with school out for the summer. All motorists on base need to recognize that "No Thru Traffic" signs are posted for the safety and protection of families and children that live on our base. In addition, motorists need to realize that ticket violations can be given to motorists who use residential streets for thoroughfares. Necessary "No Thru

Traffic" signs with adjacent red flashing lights were posted by our civil engineers at appropriate intersections to assist motorists during this construction period.

uery: I have seen many dress and appearance violations on base recently, ranging from square earrings, improper hairdos, ornamented fingernails and improper sunglasses. I feel it is everyone's responsibility as Air Force members to tactfully correct anyone they see violating any instruction.

esponse: You're absolutely right! We each have a responsibility to ensure we're in compliance with all Air Force instructions at all times. If you see someone that is not in compliance you must act to make it

right! We also have an obligation to ensure we maintain a professional military image 24/7. That means more than just ensuring we are wearing the uniform correctly; it also means displaying a sense of pride and wearing the correct uniform for the occasion. It's every Airman's job to be alert for violations of standards and to correct violators on the spot.

#### **Key Customer Service Numbers**

BX	
Casualty Office	
Civilian Pay	.456-2741
Civilian Personnel	.456-4502
Claims Office	.456-2563
Clinic Patient Advocate	.456-6361
Commissary	.456-8263
Contracting	.456-2113
Directory Assistance	.456-2252
Environmental Flight	.456-4629
Facilities and Utilities	
Housing	.456-4324
Inspector General	.456-5049
Law Enforcement	.456-2551
Legal Assistance	



Staff: 456-3241/5501/1015/5502 Advertising: 459-3475 Fax: 456-5986

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## Pharmacy balances care, cost

By Lt. Col. Joanne McPherson 2d Medical Support Squadron commander

It's a pretty interesting job "owning" all the resources — money and manpower — of the 2d Medical Group, especially these days where we have such limitations on both. Keeping a good mix while providing the most and best medical care possible becomes a challenging game matching the wits and talents of our medical officers with the laws and regulations under which we must function.

Congress and the folks running the Defense Health Program understand that military treatment facilities provide a service with an ever-increasing demand, especially as our baby boomers continue to age. Although we know the demand is going to increase, it's a national problem trying to predict the rate at which that demand will increase. And while technology both decreases and increases the cost of care, trying to figure out the total rate of medical cost growth is an inexact science.

While considering all of the proceeding factors,

Congress has recognized the need to fully fund our military medical mission. However, they are limited by those 'inexact estimates' of medical-cost growth while there are only so many federal funds to work with. Several years ago, I had the privilege of working many of these money issues with the surgeon general of the Air Force, TRI-CARE management activity and the Office of the Secretary of Defense. I was truly impressed by the dedication of those professionals as they poured their hearts into trying to balance available money and manpower to provide medical benefits in the best way possible. However, there simply isn't enough of both to do everything we wish to do.

The 2d MDG's budget is just over \$15 million, with \$11 million going to our pharmacy. The pharmacy also gets the highest inflation rate of any medical budget. More than 10 percent a year is added to the budget, which equates to more than \$1 million extra each year. Even with so much money available, we are still unable to keep up with the demand in this area.

The medications we carry — known as our formulary — are constantly evaluated by our providers and pharmacists in an ongoing quest to provide the best mix of medications possible within our given resources. Last January, as costs skyrocketed, we had to delete four very costly drugs from our formulary. All of these drugs had substitutes which were just as effective, but less costly. In the last two years, the number of prescriptions have increased eight percent from 2002-2003 and seven percent in 2003-2004, much less the increasing cost for each drug – up to 20 percent. We are constantly going through our pharmacy to determine the best quality versus the best value drugs – your health is paramount and rest assured we will never cut a drug purely based on cost or without an appropriate substitute.

For the future, you can expect to have more pharmacy changes and occasional deletions as we continue to fine tune our pharmacy and maintain the best drugs for our customers. We would like to thank all of you who are affected by these changes for your patience and understanding.

June 4, 2004 News Observer

#### NEWS BRIEFS

#### Free health fair

Barksdale's Retiree Office hosts a health fair for active duty and retired members, enlisted and officers and their family members and widows at the officers' club Saturday from 9 a.m. to 5 p.m. Free screenings are available and include blood pressure, lipid profiles, blood glucose checks for diabetes and high cholesterol. Fasting is not necessary, but may improve results. Patient educational handouts are available on 15 different diseases. Providers from the community will brief on diabetes, hypertension and high cholesterol, depression and the value of medicine. Free snacks and prizes will also be available during the fair. No reservations are required.

Contact the base retiree office at 456-5976 or 456-4480 for more information.

#### Power outage

An electrical power outage is scheduled for certain facilities on the east side of the base this weekend for a power transfer on the Red Chute bridge relocation project. The shutdown starts at 7 a.m. Saturday and continues until 5 p.m. Sunday. The buildings affected include the shoppette, youth center, Seabees, explosive ordinance disposal, FamCamp, Red Chute lift station, forestry and Capehart housing. Capehart housing power should be down for two to three hours.

#### Minimum manning

The 2d Logistics Readiness Squadron will have minimum manning today from 10 a.m. to 5 p.m. due to a squadron picnic.

#### Retirement

A retirement ceremony for Senior Master Sgt. Ken Dunn, 2d Bomb Wing career assistance advisor, is scheduled Friday at 1 p.m. at the enlisted club ballroom. Sergeant Dunn retires after 28 years of dedicated military service. Dress for civilians is casual; dress for military is uniform of the day.

Call Tech. Sgt. Sherry Anderson at 456-5342 for more information.

#### Change of command

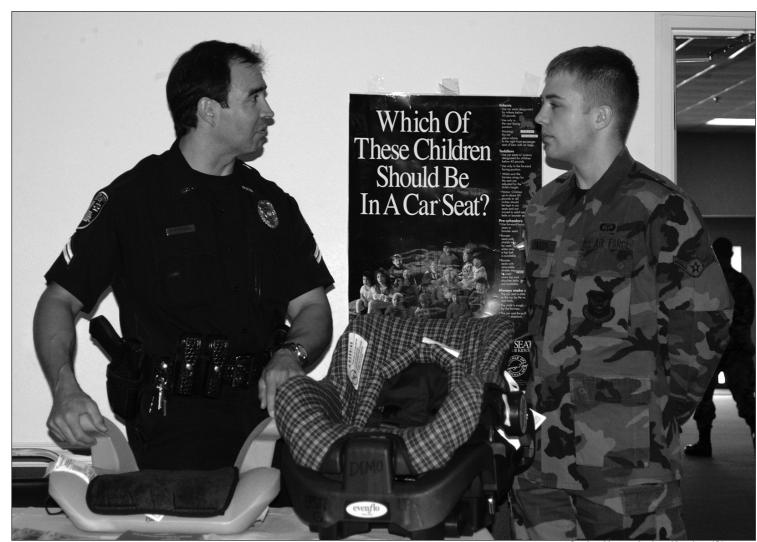
Maj. Gregory Pugh, Detachment 3, 29th Training Systems Squadron, relinquishes command to Lt. Col. Patrick Wathen June 17 at 10 a.m. in the 8th Air Force Museum auditorium. Refreshments will be served following the ceremony.

Contact Master Sgt. Paul Hauer at 456-3662 for more information.

#### **First Friday Social**

The African American Heritage Committee holds the First Friday Social today at 4 p.m. at the enlisted club. Food, drinks and door prizes are available. Total Choice, a live jazz band featuring 8th Air Force's George King is scheduled to perform

Contact Capt. Todd Randolph at 456-4771 for information.



Senior Airman Andrea Knudson/Observ

#### Always remember, safety first

Officer Gary Aguirre, Bossier City Police Department community relations officer, talks to Airman Zach Bernard, 26th

Operational Weather Squadron forecaster, about child safety seat laws at the safety fair May 27 at Hoban Hall.

## Base people take home AF, ACC awards

J. MANNY GUENDULAY

OBSERVER

The Mighty Deuce was a familiar name when the 2003 Air Force and Air Combat Command safety awards were recently announced.

The 2d Bomb Wing received Air Force-level awards for explosive safety and nuclear surety and a Federal Aviation Administration certificate was presented to the 2d Services Squadron Aero Club. At the ACC level, the wing was awarded the flight safety award for outstanding mishap prevention below numbered Air Force level and the aircrew of distinction awards recognizing outstanding achievement in or contribution to explosive safety.

One of the biggest honors went to Lt. Col. Anthony Correro, 2d Bomb Wing safety chief who was awarded the ACC wing chief of safety award. Correro, while proud of his achievements, said he was disappointed because he was "hoping the entire office would win the ACC Wing Safety Program of the Year."

"When they learned of the award they elated and congratulated me and I, in turn, thanked them for making me look good – they did all of the work, I just gave them guidance," Correro said.

As for why he was chosen, Correro again pointed toward the achievements of the wing and the safety office.

"These awards are not won by individuals. Everyone has a part to play in successfully accomplishing the wing's mission," the colonel said. "Our wing had one of the best flying safety records in all of ACC last year. We safely deployed and sustained the wing members, equipment and weapons in support of the Global War on Terror."

The nuclear surety award given to the wing comes as no surprise to Tech. Sgt. Wayne Jones, 2d BW weapons safety chief.

"The Air Force recognizes that Barksdale has a constant and continued dedication to our nuclear surety mission," Sergeant Jones said. "It signifies that with the professionals, technical experts, and right down to the brand new airmen basic, that Air Force nuclear surety is priority one here at Barksdale."

Also awarded was the aircrew of distinction award, which was given to Maj. William Winans, 340th Weapons Squadron; and Majs. Greg Anderson, Charles Bailey and Lane Humphreys; and Capt. Patrick McGlade, all of 2d Operations Support Squadron.

According to the nomination package, the crew of Dogwood 30 expertly managed numerous in-flight emergencies while on a B-52 combat mission during Operation Iraqi Freedom. The aircraft's No. 7 engine flamed out prior to the first air refueling. The crew then executed the emergency procedures and reassessed the aircraft's ability to perform the mission. They determined to continue the strike against vital Republican Guard targets around Baghdad. Dogwood 30 decimated the assigned targets plus an additional timesensitive target while defeating numerous engagements and overcoming release system malfunctions. While returning to base, low oil pressure forced the crew to shut down another engine. The nomination package stated the crew displayed exceptional skill conducting air refueling with two engines shut down at night in adverse weather. Six hours later, Major Winans performed a textbook six-engine asymmetric approach and landing ensuring the safe recovery of five crewmembers and the B-

All of the awards are based on fiscal year, Oct. 1, 2002 to Sept. 20, 2003, and are voted by the ACC safety staff on flight, ground and weapons.

June 4, 2004 News Observer

#### NEWS BRIEFS

#### **GWOT Medal**

The Global War on Terrorism Medal is now available for purchase at the military clothing store.

Call the military clothing sales store at 746-6429 for more information.

#### Motorcycle training classes

Base members must schedule a oneon-one counseling session with their unit commander and attend a motorcycle safety foundation training class before operating a motorcycle. The next three-day training course is scheduled July 8 from 5:30 - 8 p.m., July 10 from 7:30 a.m. to 5 p.m., and July 11 from 7:30 a.m. to 5 p.m.

Call Tech. Sgt. Daryl Gurunian at 456-5608 or Mr. Percy Adams at 456-5612 for more information.

#### Trainer's course

The education office conducts the Air Force Trainer's Course June 29 at 8 a.m. There are 20 slots available for the all-day course. Contact Master Sgt. Jessie Butler at 456-1936 for more information

#### **Free Concert**

The Metrro Band is scheduled to perform a free concert June 26 at Hoban Hall.

Call the retiree activities office at 456-4480 for more information

#### **ALS** graduation

A graduation banquet is scheduled for June 17 at the enlisted club. Cocktails start at 6 p.m. and dinner is served at 6:30 p.m. Guest speaker for the event is Brig. Gen. Kimber McKenzie, 8th Air Force vice commander. Attire for the event is mess dress for officers, mess dress or semiformal for enlisted and casual evening wear for civilians.

Call 456-3298 or contact one of the students of ALS class 04-E for reservations.

#### Volunteer opportunity

The Southside Swim Club Damon McCoy Invitational Swim Meet is scheduled June 11-13. Volunteers are needed for the positions of timers, runners and concessions the afternoon of June 11 and from 8:30 a.m. to 5 p.m. June 12 - 13.

Contact Mr. Ray Morris at 470-5884 or e-mail asmorris85@hotmail.com for more information.

#### Back to school catalog

The Exchange Services' newest catalog, Back to School 2004, is now available at the Base Exchange. Prices in this all-services catalog are valid through Sept. 30. Customers can also shop the 2004 Back to School Exchange catalog on the Internet at the Army and Air Force Exchange Service Web site at http://www.aafes.com.

## 2d Med Group receives ACC awards

BY AIRMAN 1ST CLASS JUSTASIA LEHMANN

OBSERVER

Airmen in the 2d Medical Group recently won several Air Combat Command-level awards.

Capt. Royce Moore, 2d Medical Support Squadron; Master Sgt. Jeffrey Holliday, 2d Medical Operations Squadron; Master Sgt. Pete Gore, 2d MDSS; Master Sgt. Judyann Smith, 2d MDOS; Tech. Sgt. Kaleah Hodges, 2d MDOS and Airman 1st Class Johnathon Ezernack, 2d MDOS, were among the recent award winners.

"I was gratified to be selected," Sergeant Holliday said, who won ACC Surgical Technician of the Year and whose title is changing from surgical flight assistant NCO to flight NCO. "I have been nominated before and found that to be confirmation of my contributions to the mission. Winning was a bonus."

Sergeant Gore, who won the ACC Outstanding Clinical Laboratory Senior NCO of the Year, said "I was very shocked, speechless, and definitely happy. I worked on packages for myself and my folks; it really felt good to win one myself," Sergeant Gore said. "Now I can proudly say we've won every category since my tenure here."

Sergeant Gore shares the glory with his co-workers.

"I would not have won this without the help and support of my lab team," Sergeant Gore said. "They made this possible by believing in goals and values of accomplishing the mission."

Sergeant Hodges, who won the ACC Col. Cleveland Parker Public Health Noncommissioned Officer of the Year award, said she was happy to see that her hard work paid off. "It was hard to believe that my accomplishments stood out from all the public health staff sergeants and technical sergeants in ACC," Sergeant Hodges said. "The public health career field is made up of very high caliber NCOs, which makes this a very competitive award program."

competitive award program."

Similar sentiments ring true for Airman Ezernack, who won the ACC Expeditionary Operations and Readiness Airman of the Year.

"It speaks well of how I do my job," Airman Ezernack said. Airman Ezernack believes his hard work and dedication contributed to his win.

"I handle a lot of critical programs that are normally handled by an NCO," Airman Ezernack said.

Airman Ezernack knows how much award programs are needed.

"It's a morale booster, it feels good when anyone to get recognized for a job well done," he said. "It is possible for anyone to achieve any award as long as they strive for it. It is also a good start for an Airman who plans to make a career out of the Air Force."

Sergeant Hodges shares the credit for her win with her co-workers.

"I did not earn this award on my own," Sergeant Hodges said. "I owe it to my co-workers who supported me in my new leadership position and my superiors who recognized my contributions to compleing the mission."

Sergeant Gore feels that acknowledging outstanding Airmen is a key part of success.

"I think it's important because it makes a person feel good to know their hard work and efforts are appreciated and recognized," Sergeant Gore said.

Captain Moore has permanently changed station, and Sergeant Smith was unavailable for an interview.

"I believe award programs are extremely important," Sergeant Hodges said. "Even being nominated for an award makes people feel appreciated. When you show people that you appreciate their hard work, they are willing to work even harder."

### Base BUFFs evaluate Litening ER pod

## Targeting hardware makes the B-52H more self-sufficient

BY J. MANNY GUENDULAY

OBSERVER

Just as the "biggest, baddest and the best" has done in the past, Barksdale's B-52H is still turning heads in the world of aerial warfare.

Currently, the 49th Test and Evaluation Squadron is performing a force development evaluation on the Litening ER pod.

The pod is a targeting system which can be used to identify and track targets, collect intelligence information and imagery, and guide various munitions into just about any target set.

Capt. Heath Wharton, one of the evaluators during the evaluation from the 49th TES, sees great opportunities for the pairing of the B-52 and Litening ER pod technology

"Laser targeting is a significant capabili-

ty for the B-52 because up to this point in history, the bomber has been forced to rely on less accurate bombing methods using 'strings' of several bombs in order to consistently achieve the necessary levels of damage against targets," Wharton said. "The aircrews using a targeting pod are now able to release laser guided bombs with pinpoint accuracy, accomplishing surgical strikes using fewer weapons, with much less potential for collateral damage. The targeting pod brings fantastic capabilities to an aircraft that carries so many different types of weapons."

Currently, in order to employ laser-guided munitions such as the GBU-12 Paveway II, other aircraft would have to support the payload drop with their mounted laser designation pod.

The evaluation, which has been ongoing since December, is a formal follow-up evaluation after a short operational utility evaluation was concluded early last year. The first preliminary tests outfitted a B-52 with a Litening II Pod flown by 93d and 23d Bomb Squadron's aircrews in Operation Iraqi Freedom. During flight, laser-guided

bombs were released on both a radar complex and a command and control complex.

Air Combat Command pulled the pod out of the field last summer in order to complete a full, formal evaluation with the 49th TES. If the formal evaluation is successful, the pod may be reintroduced for operational use with enhanced capabilities.

During the test, the B-52's used its new set of electronic eyes to accomplish another great first as the evaluators, along with instrumentation, logistics, and weapons troops from the 53d Wing at Eglin Air Force Base, Fla., mounted and successfully dropped a 5,000 pound GBU-28 "Bunker Buster," a munition traditionally used by the F-15E. This accomplishment heralded another milestone in the bomber's history.

"When you contemplate everything the BUFF has released in its 50 years of service, it is humbling to be a part of another first," said Lt. Col. Thomas Jacobson, 49th TES commander.

The evaluation has two more sorties before its end. Wharton said there are "some integration obstacles to overcome, but the outlook is good."

## BARKSDALE'S IRMAN OF THE MONTH

By Airman 1st Class Justasia Lehmann

An Airman with 2d Communications Squadron was recently named Barksdale's Airman of the Month.

Senior Airman John Froschauer, a secure communications maintenance technician, was named Airman of the Month for April.

Airman Froschauer, who's been in the Air Force two-and-a-half years, was happy to hear of his win

"I was excited, and it was a relief," Airman Froschauer said.

Though he felt his chances of winning were good, Airman Froschauer was surprised to hear of his win.

"I didn't expect to win. I was confident in my chances but I really didn't know who I was competing against. That made it hard to judge what my chances really were," said Airman Froschauer, who hails from Dayton,

Preparation was a key part of Airman Froschauer's win.

"I did well with the board," he said. "My supervisor set up some mock boards to help me practice. I studied my promotion fitness examination guide, which was a good thing because I was preparing for my PFE test, too."

Staff Sergeant Alberto Trujillo, Airman Froschauer's supervisor, was very pleased to hear the news of Airman Froschauer's win.

"I felt confident that he had all the tools needed to prepare him for his board," Sergeant Truiillo said.

"I had a strong feeling he would win. He is quite well-known within 2d CS for his outstanding performance of duties. He's very sharp and always delivers professional results," he said.

Sergeant Trujillo believes programs like this are good for Airmen recognition.

"I think programs like these are a great way to let those folks who work hard achieve excellence and shine," Sergeant Trujillo said. "They really deserve it. I am very proud to



Airman Brandon Kusek/Obse

#### Senior Airman John Froschauer

know the whole base, not just 2d CS, can now recognize what a great troop Airman Froschauer is."

Airman Froschauer believes these programs are good motivational tools for Airmen.

"These programs are important when it comes to motivating Airmen," he said. "It feels good to get recognized for working hard and achieving your goals."

"It's exciting the local community comes out to support the Airmen at this base," Airman Froschauer said in reference to the gifts local sponsors donate every month for the program. "They were more than happy to offer a few incentives for a job well done. These incentives may encourage other Airmen to put in their best effort to achieve positive results."

#### **Base Airmen receive Articles 15**

2D BOMB WING LEGAL OFFICE

Seven Barksdale members received non-judical punishment under Article 15 of the Uniform Code of Military Justice from May 13-26.

A staff sergeant conducted himself in a disorderly manner at a Shreveport parade. Punishment: suspended reduction to senior airman and forfeiture of \$250 pay a month for two months.

A staff sergeant downloaded unauthorized software from the Internet to his work computer and forwarded an explicit and obscene e-mail to his coworkers. Punishment: reduction to sen-

ior airman and a reprimand. A senior airman failed to return to work when his leave expired. Punishment: suspended reduction to air-

man first class and 30 days extra duty.

An airman first class failed to go to his chemical warfare training class. Punishment: reduction to airman and 30 days correctional custody.

An airman first class was found drunk on duty. Punishment: reduction to airman basic and suspended forfeiture of \$400 pay a month for two months.

Two airmen under the legal drinking age possessed alcohol in the dormitory. Punishment for each: suspended reduction to airman basic, forfeiture of \$100 pay a month for two months, restriction to base for 14 days and seven days ex-

There was one person discharged under the rapid airman discharge program for minor disciplinary infractions during the above time frame.



Taking a dip

Emily Boyd, 2, daughter of Chaplain (Capt.) Matt and Summer Boyd, enjoys the first dip of the summer in the north pool Friday. The

J. Manny Guendulay/Observer

Barksdale swimming facilities opened Friday. Call the west pool at 456-3389 or the north pool at 456-3482 for hours of operation.

### Family readiness key to separation

FAMILY SUPPORT CENTER

With so many upcoming military deployments from Barksdale, it is vital to have personal and family affairs in order. If someone was told to be prepared to leave for Iraq tonight, for an unknown period of time, would they be ready?

Successful individual and family readiness requires planning.

"The lessons learned from past Air Force missions have clearly demonstrated the importance of the family's role," said Tech. Sgt. Jason Kaiser, NCO in charge of family readiness. "Servicemembers who had their personal affairs in order and were confident their families were prepared and taken care of were better able to focus on their jobs and, in general, were better off and healthier."

The Family Support Center addresses three key areas of family readiness: pre-deployment, separation and reunion.

"Deployment is difficult on families and there are many programs offered on Barksdale to make separations less stressful on families," Sergeant Kaiser said.

These on-going support services include Give Parents A Break, Hearts Apart Morale Calls, Car Care Because We Care, video teleconferencing and the Town Hall Meeting and Ice Cream Social, scheduled for Monday at 6 p.m. at Chapel Two.

"Many squadrons hold spouse meetings where families gain squadron specific information," Sergeant Kaiser said. "Also, this is a great opportunity to meet with leadership and learn of the support offered during separation."

A mandatory readiness briefing for active duty members is scheduled each Thursday at 2 p.m. at the Family Support Center, and spouses are encouraged to attend. Call the Family Support Center at 456-8400 for more information on ways to help prepare for family separation.

### Ice cream social scheduled Monday

FAMILY SUPPORT CENTER

An ice cream social is scheduled for Monday at 6 p.m. in the Chapel Two Annex. The social follows the town hall meeting for families of deploying members.

Col. Michael Moeller, 2d Bomb Wing commander, and representatives from the Family Support Center and other base agencies will speak at the meeting.

Family Support Center members will brief on resources and support available to waiting families during family separations and deployments.

Finance, legal, the chapel, the child development center, housing, managed care, 2d Communications Squadron and Red Cross are scheduled to be part of a panel answering questions at the meeting.

The briefings focus on the questions and concerns of the families of deploying members.

Sponsors and families of deploying members are encouraged to attend this meeting, which is not just for currently-deployed members' families but it is also for those who have been identified or notified of deployment. On-site baby-sitting is available during the town hall meeting.

The social is an opportunity for spouses to network and a chance to meet and greet other families of deployed members. The social also serves as a support group for waiting families.



Packing it up

Capt. Dori Baker, 96th Bomb Squadron radar navigator, packs her bags in preparation for deployment to Andersen AFB, Guam in sup-

port of worldwide commitments. Captain Baker was among the aircrew members who left for deployment May 24.

### Students, commissary: A winning team

DEFENSE COMMISSARY AGENCY NEWS

The Defense Commissary Agency solved two big problems with the start of a new hiring program.

The problems, not necessarily in order of importance, were: Young students in need of money but without a job; and DeCA in need of smart, hard-working, part-time store workers.

The solution: DeCA initiates a student-hire program which is working very well, according to Mr. Brant Smith, the human resources specialist who manages the program from DeCA's headquarters at Fort Lee, Va.

"Young adults get real world experience and learn about the grocery business as well as make a little money," Smith said. "Our agency gets great young people to help out in our stores. DeCA wins; the students win."

"Barksdale currently employs three students," said Mr. Don McAnally, the Barksdale Commissary store director. "It gives students experience and cash and builds up manpower so it helps both

"Store directors like it," said Ms. Janice Coleman, store director for the Naval Station Everett commissary, which was recently named by the agency as the best large com-

missary in the United States.

Coleman manages 16 students in her store.

"The student hire program was initially devised as a way to bring in students to entry level positions so that the commissary could 'grow their own.' This, coupled with the fact that students could be hired at the entry level position, seemed to be the perfect marriage for students and the commissary.

"Many of our students are either in college or college-bound. We have explained the opportunities for a career in DeCA and encourage them to take a serious look at us. Because this is usually the first job for many of our student hires, we begin the mentoring process the first day they arrive," she said.

"Every day presents a new opportunity to help shape these fine young people for the future," Coleman said.

Mr. Ron Smith, store director at the Fort Lee Commissary agrees.

"Our DeCA student employment programs provide our young adults with a solid introduction to the real world of business," he said.

"When our students are learning, they know they are learning skills they can use in any business. When they are working at the commissary, they know that they are doing real jobs with a real purpose. These young folks really enjoy serving our

customers, and to tell you the truth, it's hard for us old timers on the job not to get caught up in the energy and excitement our student employees bring to the commissary. They are a super group and America's future," Mr. Smith said.

DeCA also has an intern program for employees who are currently working in the commissaries. Graduates of the DeCA intern program benefit from a structured and broad-based program of training and experience that prepares them for future leadership positions. "DeCA's student employment programs coupled with the DeCA intern program provide the agency with well-rounded, multi-focused, multi-skilled employees able to perform across all areas of the commissary system," Mr. Smith said.

Students who would like to learn more about working at the commissary can find information on the Web at www.commissaries.com. Click on "Inside DeCA," select "Human Resources," and click on "Employment Opportunities.' Under the "Student Programs" section, find links to DeCA's two student employment programs, which have all the information needed to apply for employment. Students can also visit the commissary and talk with the store director about either student employment program, or call 456-8410.

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## Learning to fly

Tuskegee Airmen chapter introduce local students to aviation careers

BY J. MANNY GUENDULAY

OBSERVER

For most high school students, Saturdays in April and May are a precursor to the summer days only a weeks away, but for 10 local students Saturdays have been a way for them to keep their heads in the clouds. Literally, as they learned about flight in their Youth-in-Aviation class taught by the Dr. Roscoe Brown Tuskegee Airmen Chapter.

The class is designed to inspire and encourage a diverse group of students to seek a career in aviation while providing a basic understanding of the fundamentals of aviation and its career fields.

"We just wanted to do a program aimed at minority and impoverished students to give them insight into the aviation career field," said Capt. Jamie Stevens, class program director and coordinator.

Maj. Rod Haley, local Tuskegee Airman Chapter president, hopes that the program will instill the desire to study aviation for those who wouldn't normally have the expo-

"I was not fortunate to benefit from this type of program, but the value and lessons in life available to the 10 young people who participated in the course is invaluable," Haley said.

The students were selected by class instructors though an essay contest and came from both Caddo and Bossier Parish schools.

"I've always been interested in aviation and I want to learn how it works," said Celeste Sanders, 15, a freshman and Junior Reserve Officer Training Corps Program student from Parkway High School.

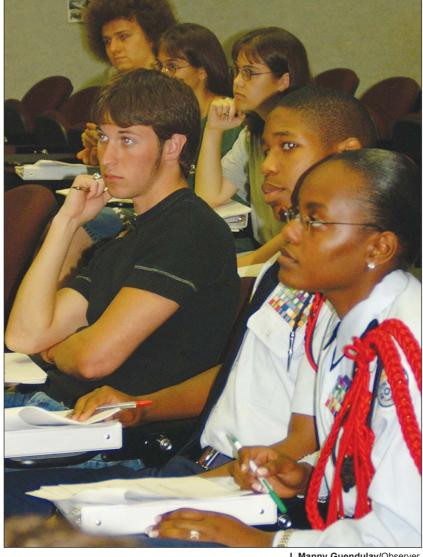
The highlight of the students' journeys throughout the course was their incentive flights, where they were exposed to flight first hand.

For Benton High School student Chase Naron, 17, the class prepared him for his dreams, but his incentive flight sealed the deal on his decision for flight school.

"Flying in a small plane was awesome," Chase said, who earned the call sign California Stop. "I've already called to set up ground course classes."

Haley and the Roscoe Brown Chapter are already making plans for the next class which will begin in the fall.

"We've spoken with Colonel Michael Moeller, and he's definitely on board," Haley said. "Announcements will be advertised on the commander's channel and in the newspaper; however, the best advertisement will be from the 10 students who just completed the class."



Left to right, Chase Naron, Cameron Player and Kymberly Taylor listen during their last class session.



Charles "Mac" McMillion, retired major and assistant director of airports for the area, instructs the students on the principles involved with visual approach slope indicators and how to perform a correct landing.

## Barksdale releases water quality standards

2D MEDICAL GROUP BIOENVIRONMENTAL ENGINEERING

The 2d Medical Group Public Health presents this year's Water Quality Report. The U.S. Environmental Protection Agency requires drinking water suppliers throughout the country provide a water quality report to their customers on an annual basis. This is Barksdale's water quality report for calendar year 2003. Once again Barksdale's drinking water has met all regulatory standards and requirements.

#### What is the source of my water?

Cross Lake is the primary source of the base's water. The water is treated at the T. L. Amiss Water Purification Plant before being pumped to the base. Cross Lake has about 14 square miles of surface area, and the Cross Lake watershed (the area which is drained by streams flowing to the lake) consists of about 260 square miles of land, roughly two-thirds of which is located in Caddo Parish, and onethird of which is located in Harrison County, Texas. Most of the watershed is undeveloped timberland, but a significant portion is urban or suburban land, within the city limits. During dry periods, Cross Lake is supplemented with water pumped from Twelve Mile Bayou.

#### Why are there contaminants in my water?

The sources of drinking water (both tap and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and other materials and can pick up substances resulting from animals and organic chemicals from industrial or pe-

Contaminants that can be expected in untreated source water include microbial contaminants, such as viruses and bacteria; inorganic contaminants, such as salts and metals; pesticides and herbicides; organic chemicals from industrial or petroleum use; and radioactive contaminants from the erosion of natural deposits and from oil and gas production.

To ensure the tap water is safe to drink, the EPA prescribes limits on the amount of certain contaminants in water provided by public water systems. Food and Drug Administration regulations establish limits for contaminants in bottled water.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's safe drinking water hotline at (800) 426-4791.

#### Do I need to take special precautions?

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA and Center for Disease Control guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the safe drinking water hotline.

#### Is our water system meeting other rules that govern our operations?

The State and EPA require the 2d MDG Public Health to test and report on Barksdale's water on a regular basis to ensure its safety. The base has always met all of these requirements. Public Health wants you to know that we pay attention to all the rules.

#### How can I better understand this report?

To understand this report, you should be familiar with the following terms:

Maximum contaminant level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCL goal as feasible using the best available treatment technology.

MCL goal: The level of a contaminant in drinking water where there is no known or expected risk to health.

MCLGs allow for a margin of safety.

Treatment technique: A required process intended to reduce the level of a contaminant in drinking water.

Action level: The concentration of a contaminant, which, if exceeded, triggers treatment or other requirements, which a water system must follow.

#### 2003 Water Quality Report for Barksdale

Table of Detected Contaminants <sup>1</sup>								
Contaminant	Units	MCL	MCLG	Highest Level Detected	Range	Typical Source	Violation?	
Fluoride	ppm	4	4	1.3	0.3-1.3	Water additive which promotes strong teeth	No	
Total Coliform	monthly positive samples	≤1	0	0		Naturally present in the environment	No	
Turbidity <sup>2</sup>	NTU	TT	N/A	0.38	99%3	Natural lake sediment	No	
Copper <sup>5</sup>	ppm	AL = 1.3	0	90% value = 0.1	None > AL	Corrosion of household plumbing systems	No	
Lead <sup>5</sup>	ppb	AL = 15	0	90% value = 1	None > AL	Corrosion of household plumbing systems	No	
Nitrate	ppm	10	10	1	ND – 1	Erosion of natural deposits or run- off from fertilizer	No	
Chloramines (As Chlorine)	ppm	MRDL=4*	MRDLG=4	2.9**	ND – 4.1	Water additive to control microbes	No	
HAA-5 Haloacetic Acids	ppb	60*	N.A	34**	2-34	By-product of drinking water disinfection	No	
Chlorite	ppm	1.0	0.8	0.26***	ND26	By-product of drinking water disinfection	No	
THMs (Total Trihalomethanes)	ppb	80*	N/A	20**	10-20	By-product of drinking water chlorination	No	
Beta/Photon Emitters <sup>4</sup>	PCi/L	50	0	3	3	Erosion of natural deposits	No	
Total Organic Carbon (TOC)		TT	N/A	TOC Requirements were met		Naturally present in the environment	No	

- Tests were run on numberous substances. Only the listed substances were detected at any level
- Turbidity is a measure of the clarity of water. We monitor it because it is a good indicator of the effectiveness of our filtration system.
- The lowest monthly percentage of samples meeting the turbidity levels specified in 40 CFR 141.73 for the filtration technology being used. The MCL for beta particles is 4 mrem/year. EPA considers 50 pCi/L to be the level of concern for beta particles.
- Lead and Copper data shown in this table represent the last monitoring period, which was 2003

#### **Key to Table**:

ppm = parts per million, or milligrams per liter ppb = parts per billion, or micrograms per liter

NTU = Nephelometric Turbidity Units

MCL = Maximum Contaminant Level

MCLG = Maximum Contaminant Level Goal year MRDL = Maximum Disinfectant Residual Level

MRDLG = Maximum Disinfectant Residual Level Goal

TT = Treatment Technique

Mrem/year = millirems per

ND = Non Detect; AL = Action Level or when we act

pCi/L = picoCuries per liter (measure of radioactivity)

mrem/yr = millirems per year (radiation absorbed by the body)

- Compliance is based upon a running annual averag
- Highest quarterly average
- - \*Monitored as part of the EPA's information Rule. The ICR required larger systems to collect data on certain substances through calendar year 1998.
  - \*\*Monitored in 2001 as part of the EPA's **Unregulated Contaminant monitoring Rule.**

HAN		Not	Not			By-product of drinking water	
*(Haloacetilemtriles)	ppb	Regulated	Regulated	5.8 (Avg.)	0.5-5.8	disinfection	NO
	111	Not	Not	`		By-product of drinking water	
HK *(Haloketones)	ppb	Regulated	Regulated	3.4 (Avg.)	ND-3.4	disinfection	NO
		Not	Not			By-product of drinking water	
CH* (Chloral Hydrate)	ppb	Regulated	Regulated	2.6 (Avg.)	ND-4.0	disinfection	NO
TOX *(Total organic		Not	Not			By-product of drinking water	
Halides)	ppb	Regulated	Regulated	130 (Avg.)	28-130	disinfection	NO
	3.000	Not	Not			By-product of drinking water	
Cyanogen chloride*	ppb	Regulated	Regulated	10.2 Avg.)	1.9-	disinfection	NO
		9755			14.4		
		Not	Not		20.1-	By-product of drinking water	
Aldehydes*	ppb	Regulated	Regulated	50.1	50.1	disinfection	NO
		Not	Not		ND-	By-product of drinking water	
Chlorates*	ppb	Regulated	Regulated	865 (Avg.)	990	disinfection	NO
Perchlorate**	Ppb	Not	Not		ND -	Industrial activity	
		Regulated	Regulated	10	10		
					(Avg.		No
					5)		

For information on contaminants not listed in this report, refer to the 2003 Water Quality Reports published by the city of Shreveport, posted at www.ci.shreveport.la.us/dept/water/in-dex.htm and the Bossier City contact information posted at www.bossiercity.org/dept/utility/default.htm.



Airman 1st Class Justasia Lehmann/Observer

#### Que pasa?

Tech. Sgt. Jose Garcia, 917th Wing, talks to cadets from Argentina and Uruguay during their tour of a B-52 static display May 27. Six briefers at the static display, who were fluent in Spanish, made sure the cadet's questions about the aircraft were answered. The tour also included lunch at the enlisted club, followed by an 8th Air Force and 2d Bomb Wing mission brief, and a B-52 capabilities brief. Barksdale was the fourth stop on their U.S. visit, which included Lackland AFB, Texas, Ft. Hood, Texas and Camp Mabry, Texas. The senior military academy cadets were chosen for their visit based on academic and leadership achievement in their respective countries.



#### Town meeting and ice cream social

Families of deploying members are invited to attend an ice cream social at 6 p.m. Monday to hear more about the mission, available services from agencies such as Family Support Center, finance, housing, child care, chapel services, legal office, casualty affairs and TRICARE, and to enjoy socializing with other waiting families. The meeting is scheduled in the multi-purpose room of Chapel Two Annex. On-site baby-sitting is available during the meeting. Call the Family Support Center at 456-8400 for more information.

#### Personal and family readiness briefing

The Family Support Center's readiness team provides information and support Thursday and June 17 at 2 p.m. to prepare for separation. Visit the center for this briefing to prepare active duty members and their families for separation due to deployment or TDY. Spouses or significant others may attend. Call 456-8400 for more information.

#### Transition assistance program seminar

A three-day transition assistance program seminar is scheduled Tuesday through Wednesday from 8 a.m. to 4 p.m. The Department of Labor designed the program to help military members and their spouses make sound career decisions as they transition from military service to civilian life.

Attendees learn the skills needed to complete a successful self-directed job search. Based on comments made by attendees, most said they wish they had taken advantage of this workshop 12 to 24 months prior to leaving the service. Sign up to receive the tools needed to help prepare for this new challenge.

#### Moving off-base seminar

A moving off-base seminar providing Airmen with information and help in making the transition from living in a base dormitory to a place in the local community is scheduled for Wednesday from 8 to 9:30 a.m. Topics include how to prepare for apartment living, budgeting, roommate selection and managing and reducing debt.

#### Resume workshop

Airmen and spouses may attend a resume workshop Wednesday at 8 a.m. The seminar covers the craft of resume and cover letter building and also provides key information regarding how to find a job as well as communicate with potential employers.

#### Cancer support group

The cancer support group meets the second Thursday of each month from 11:30 a.m. to 12:30 p.m. and provides an atmosphere of sharing and caring for individuals who are faced with the challenges of cancer.

#### **Baby-sitter's training course**

Youth between the ages of 11-15 are invited to attend a 16-hour baby sitters training course June 14 though June 17 from 10:30 a.m. to 2:30 p.m. to receive baby-sitting certification from the American Red Cross.

Topics include baby-sitting skills and techniques, infant and child CPR, first aid, safety and safe play, basic care, leadership and professionalism. Call 456-8400 for information. Parents and guardians can pick up registration forms at the Family Support Center. Registration is on a first-come, first-served basis. Call the center for more information at 456-8400.

## Cajun Warrior Attitude

Family: Mom and Dad

Hometown: Glenndale, Md.

Unit: 2d Medical Group

Job title: Pharmacy technician

Job description: Fill, check and dispense medications, as well as monitor and account for all scheduled medications

Most rewarding job aspect: Knowing that I help people reach their optimum health

Goals: Finish my master's degree in health care administration

Hobbies: Reading, traveling and working on small projects

What motivates my winning attitude: Working with a "cool" group of people

Favorite TV show: Girlfriends

Favorite movie: The Wedding Singer

Favorite performer: Dave Chappelle

Favorite sports team: I have to stick with the Redskins

Favorite dish: Sushi, rice and beans

Favorite book: Complete Poems and Stories of Edgar Allan Poe

I'm proudest of: Earning my bachelor's degree

Best day of my life: Waiting for it to happen



J. Manny Guendulay/Observer

are subject

to change

without notice.

#### Staff Sgt. Tanteria Carroll-Vega

My best asset is: My ability to make people

Pet peeve: People with a "That's not my job"

What I like most about Barksdale: The peo-

If I could change anything about Barksdale, it would be: Adding another gym

S = ETHEATER

Today

7 p.m. — "Johnson Family Vacation" PG-13

Cedric the Entertainer, Vanessa Williams — Invited to a big family reunion in Missouri, Nate sees it as an opportunity to reconnect with his estranged wife and growing children. He imagines a leisurely drive but between his wary wife, arguing kids, angry police officers, bizarre hitchhikers, bad diner food and an unfortunate run-in with a cement mixer, getting from point A to point B proves to be just short of a nightmare.

Saturday
7 p.m. — "The Punisher" R

**Thomas Jane, John Travolta** — FBI undercover agent, Castle, is finally moving into a safe desk job, to the delight of his wife and son. But when his family is executed after witnessing a mafia hit, Castle dons a black battle suit, arms himself with a ton of guns and seeks swift revenge.

Sunday 7 p.m. — "Connie and Carla" PG-13

Nia Vardalos, Toni Collette — Two struggling Chicago dinner theater actresses accidentally witness a mafia hit and hit the road running for their lives. They go undercover as drag queens and much to their surprise, they inadvertently become the toast of the cabaret circuit.

Admission: Adults \$3 Children \$1.50

#### 2d Medical Support Squadron at a Glance

Squadron commander: Lt. Col. Joanne **McPherson** 

First sergeant: Master Sgt. Jeff Sanders Squadron Motto: Who's the Best? MDSS!

2d Medical Group commander: Col. Jerry

## Base Chapel Services

456-2111

Duty chaplain for emergencies: 456-2151



#### Catholic

Confession, Chapel Two, Saturday, 4:30 p.m. Mass, Chapel Two, Saturday, 5:30 p.m. Mass, Chapel Two, Sunday, 9 a.m. Confraternity Christian doctrine, Chapel Two, Sunday, 10 a.m. Mass, Chapel One, Sunday, 11:30 a.m.

#### Protestant

Liturgical communion service, Chapel One, Sunday, 9 a.m. Community worship service, Chapel Two, Sunday, 10:30 a.m. Inspirational gospel worship service, Chapel Two, Sunday, noon Contemporary praise service, Chapel Two, Sunday, 6 p.m. Family night, Chapel Two, Wednesdays, 6:30-8 p.m.

#### Vacation Bible school Volunteers needed

Vacation Bible school is June 21-25 from 6 to 8:30 p.m. This year's program is SonGames 2004 and is open to all children ages 4 through the sixth grade. Adults are needed to help guide the children. Contact Mrs. Barber at 456-3689 between 9 a.m. and 1 p.m. Sunday through Thursday for details.

## "What's Cooking?"

Red River Dining Facility

Items subject to change

Lunch — Beef and corn pie, seafood newburg, veal steaks Dinner — Corned beef, pot roast, chicken

#### **SATURDAY**

Brunch — Creole shrimp, baked chicken, meatballs Supper — Goulash, baked fish, barbecue chicken

#### **SUNDAY**

Brunch — Spareribs, chicken breast, oven-fried fish Supper — Steak, beef stir-fry, turkey nuggets

#### **MONDAY**

Lunch — Pot roast, baked stuffed fish, roast pork Dinner — Chili mac, beef cannelloni, fried chicken

#### **TUESDAY**

Lunch — Veal parmesan, teriyaki chicken, salmon Dinner — Meat loaf, country chicken, turkey

#### WEDNESDAY

Lunch — Barbecue ham, turkey and noodles, beef Dinner — Pork chops, barbecue spareribs, chicken

#### **THURSDAY**

Lunch — Cabbage rolls, fried catfish, baked chicken Dinner — Cornish hens, roast pork, jaegerschnizel

Lunch — Swiss steak, baked chicken, stuffed peppers Dinner — Italian sausage, lasagna, spaghetti





#### New and improved...

Base members are using the recently renovated running track outside the Barksdale Sports and Fitness Center. The track was was officially reopened Tuesday with a ribbon cutting ceremony. cost with 8th Air Force funds.

Lt. Gen. Bruce Carlson, 8th Air Force Commander, determined the base track was a "fit to fight" program and covered a large portion of the project's

## Sports Shorts

#### Volleyball

Airman leadership school class 04-E hosts the timehonored chiefs vs. students volleyball challenge June 16 at 3 p.m. at the Airman Leadership School gym.

#### Basketball camp

Registration for Northwestern State's father-son basketball camp is still open.

The camp is June 11-12 at Northwestern State University with registration starting at 6 p.m. on the first day. The camp is open to boys entering grades kindergarten-eighth and their fathers.

Tuition is \$75 for a father-son combination. An extra child can be added for an additional \$30.

#### **Aerobics classes**

The sports and fitness center offers the following class-

#### Interval pump/legs and shoulders

Mondays at 7:30 a.m.

#### **Basic pilates**

Mondays and Wednesdays at 8:30 to 9 a.m.

#### **Step aerobics**

Mondays and Wednesdays at 11 a.m.

#### Cardio kick and dance

Mondays and Wednesdays at noon, and Thursdays and Fridays at 6:30 a.m.

#### Interval pump/total body

Mondays at 5 p.m.

#### Kick boxing aerobics

Mondays and Wednesdays at 6 p.m.

#### **Team training**

Tuesdays at Thursdays at noon.

#### Interval pump/upper body

Wednesdays at 7:30 a.m.

Wednesdays at 5 p.m.

#### **Spin**

Saturdays at 9 a.m.

Classes are not offered Sundays. All aerobics and spin classes are free. Classes are held in the aerobics room in the sports and fitness center.

Call the sports and fitness center at 456-4135 for more information.

## Softball

Amer	ican League	:	Nation	nal League	
	W	L		W	L
MDG	2	0	MXS #3	1	0
SFS	1	0	CS	1	0
20th BS	1	0	AMXS #2	1	1
MUNS	1	1	OWS	1	1
MXS #1	1	1	49 TES	1	1
CES	1	1	MOS	1	1
AMXS #1	1	1	SVS	1	1
LRS	0	2	MSS	0	1
11th BS	0	2	OSS	0	1
8th AF	0	0	MXS #2	0	0

### Golf

American League			National League		
	W	L		W	L
SFS	2	0	SVS	2	0
CS	2	0	OSS	1	0
MUNS #1	1	0	MSS	1	0
11th BS	1	1	CPTS	1	1
8th AF	1	1	MUNS #2	1	1
LRS	1	1	49 TES	1	1
MDG	1	1	MOS	0	1
MXS #1	1	1	AMXS	0	1
20th BS	0	1	MXS #2	0	2
917th #1	0	2	917th #2	0	0
CES	0	2			
			Standings as of Tue	esday	

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# ERVICE Supplement to the Observer

Fitness Center (456-4135)

#### 5K run/walk

The 49th Test and Evaluation Squadron 5k run/walk is today at 8:30 a.m. The run starts and ends in front of the fitness center. Winners are recognized in two categories: individual running and squadron team running. Refreshments will also be served. Those interested in competing may sign up at the fitness center or call Senior Airman Alex Cardin at 456-9058.

#### Weekend boot camp

The weekend warrior boot camp is Saturday from 10-11:30 a.m. at the fitness center. Join Patricia and her class from Marshall, Texas, in this total body work-out program. Participate in body building exercises, team challenges, a mile run, dexterity events and more. Class is open to all members with base privileges ages 12 years or older. Come out for a morning of fitness and fun!

#### Youth Center (456-3448)

#### ACC teen lock in

The ACC teen lock in is today at the youth center from 9 p.m. - 7 a.m. Teens will enjoy a fun "all nighter" in a chaperoned, safe environment. Guests will watch movies, play games and win lots of prizes. Pizza will be served at night and breakfast in the morning. The first 30 teens to sign up get a free T-shirt. Teens ages 13-18 years old are welcome. The price is \$8 for members and \$12 for non members. Sign up your youth today.

#### Gifts and Getaways (456-1865)

#### Half price Six Flags tickets

Six Flags Over Texas Amusement Park is open! Get Six Flags tickets for less than half of normal gate prices. Gifts and Getaways tickets start at \$22 versus \$45 gate prices.

Hurricane Harbor is also located next door. Get tickets for this nationally acclaimed waterpark for \$16 versus normal gate prices of \$32. Stop by Gifts and Getaways in the BX Mall to take advantage of these huge savings.

### Outdoor Recreation (456-7765) Swim lesson registration

Outdoor recreation offers swim lessons for children and adults. Sign up Mondays through Fridays at the north pool. The price is \$30 for the first student and \$25 per additional student. Pool passes are also available for purchase.

#### Fox Run Golf Course (456-2263)

#### Base championship

The golf base championship is scheduled for June 26-27. This tournament is open to the base public. Players pay the normal green fees and cart rental rates, as no entry fees apply. Winners from all flights receive trophies. The number of flights is contingent on the number of entries. Tee-off is at 8 a.m. Stop by Fox Run Golf Course to sign up.

#### Wednesday scramble

Players can compete in the Wednesday night scramble every Wednesday starting at 5 p.m. This is a four or five-person scramble format. The entry fee is \$3 plus normal green fees and cart rental. One hundred percent of all entry fees are paid back as prize money. Bring your team out for an afternoon of friendly competition.

#### Bowling Center (456-4133)

#### Summer bowling program

Get out of the heat this summer and win some great prizes with the Bowl for Stars and Strikes program at the bowling center. Pick up a punch card and have it punched with every game you bowl or with every large soda you drink. You can win a bowling piggy bank, a new bowling ball or a bowling bag. Bowling is a great indoor activity for children and adults alike. Call the bowling center to find out open bowling times.





## All for Dad! All ranks

Get Dad out of the house and bring him to the officers club. We've arranged an extra-special brunch for Father's Day.



Seatings at 11 a.m. and 1:30 p.m.

Reservations required
All ranks welcome
Call 456-4926

Adults: \$15.95 Ages 6-12: \$6.95 5 and under: \$3.95